

# NORTHFIELD MOUNTAIN NORDIC SKI PATROL



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## EAP ACTIVATION

You've just zipped down Yellow Jacket Pass and discover a skier in a tangled heap, moaning in pain with a probable hip fracture. What do you do? You're manning the First Aid Room, and a woman runs in saying she thinks her husband is having a heart attack. What do you do? Panic? No. Because you are familiar with the mountain's Emergency (EMS) Activation Plan and know how to get an ambulance via radio or phone.

### EAP Activation from the hill:

Patroller reaches the site of the accident, completes the initial assessment, and determines EMS is needed.

**Call on the radio to the Visitors Center,** *"This is Patroller Sven to the Visitor Center. I have an urgent medical situation."*

Visitor Center staff, i.e., management, will respond to this call, and relay the message to the Control Room. Be sure to include all relevant information in your call: location, number of patients, first aid equipment and transport needs.

Patrollers in the FA Room or the Visitor Center should ensure all equipment is gathered and loaded.

The Control Room makes the 911 call and becomes the primary 911 contact. The Control Room notifies the on site Patroller that 911 has been called and is en route. They can also relay additional information to 911 as needed.

If 911 access is needed through the security gate, the shift supervisor or Control Room designee will escort 911 to the appropriate location.

If 911 access is needed to the Visitor Center, the ski patrol, center staff, or designee will direct 911 to the appropriate location.

Bill Gabriel stresses the importance of using the phrase, *"I have an urgent medical situation,"* when calling the Visitor Center as this will get the attention of the ski shop much quicker than, *"Sven to the Visitor Center. Sven to the Visitor Center. Sven to the Visitor Center."* This latter type of call is great for all non-emergency calls such as the *(continued next column)*

## WINNING CAPTIONS

In the September issue we requested patrol-related captions for this picture of Tom Deam at one of our patrol trips to Camp Wiyaka. Below are the best – or worst – depending on your point of view.



*"And now we will demonstrate why you should wear a helmet when you perform an Eskimo roll. This will be followed by our head trauma lecture."*

Phil Galka, Eastern Division Avalanche Supervisor

*"Tom is so used to patrolling snowless winters; he figured he'd try paddling up a creek without the water."*

Joannie Duris, Northfield Mountain

*"Does Tom need to work on his map and compass skills? I think he has lost the water."*

Sue Menick, Northfield Mountain

### **EAP ACTIVATION** *(continued from first column)*

Chocolate Pot needs more water, you're up at the summit ready to start sweep, you have two lost children it tow, a tired doesn't-want-to-ski-down skier needs a ride, broken equipment, or pizza delivery. For all these non-emergency needs, call for the Ski Shop or the First Aid Room (don't use Patrol Room, as this sounds too much like Control Room on the radio).

### **EAP Activation from the Patrol Room:**

This procedure should only be followed when mountain staff/management is *(continued next page)*

# CHOCOLATE POT CHAT

by Tom Deam

Snow covers the trails, fresh snow at that, and the skiing is great! I won't give the usual cajoling/haranguing to patrol as we are adults and know what we volunteered to do.

You will find the EAP procedure in this edition. One key point to remember: if you sign in the log book as patrolling, ensure you have a radio. Any EAP procedure is useless without a means (the radio) to activate it. Also according to OEC it is: Check, Call, Care. Without a radio to "Call" there is a legal argument for negligence. If you don't want to carry a radio, then don't sign in.

If all the radios are in use, ask the Mountain staff if there is a spare one to use. Calling from the First Aid Room's radio to link up with someone on the trails can also get you on the snow. If you are resting, eating, or posing off the trails, a radio is not needed – so put it back in the charger for someone else to use.

Again, just to re-emphasize: a Patroller on the trails without a radio is useless because help cannot be summoned when needed.

I highly recommend going for a few skis now as I am sore from Saturday's brief "tour" of a few trails!

*The next issue of the Rattlebone will be published in March. Please get all articles, information, dates, etc. to Joannie Duris by March 15<sup>th</sup>. 36 Lombard Road, Hubbardston, MA 01452 (978) 928-5587 or [jvduris@charter.net](mailto:jvduris@charter.net).*

**EAP ACTIVATION** (continued from page one )  
unavailable and there is no other way to get the center's EAP activated for a patient to receive essential advanced care (use as a last resort):

**Dial 4421, the Northfield Mountain Control Room**, and state your name, patrol affiliation, location in the Visitor Center First Aid Room, what you require and why. For example, "An ambulance is needed for one cardiac arrest situation."

**If no one answers in the Control Room:** dial 9, wait a moment until a dial tone is heard, and then dial 911. *State the following:* your name, that you are a member of the NMNSP, your location (99 Millers Falls Road, Northfield Mountain Environmental and Recreation Center First Aid Room), what you need and why, including the number of patients. **Note: there is NO call back number for 911 to contact you here.**

After the incident is finished, log the call into the log book.

[WWW.NMNSP.ORG](http://WWW.NMNSP.ORG)

**Don't forget to check our website for the latest patrol news and dates of upcoming courses and events. If you don't remember the user name and password for entering the 'patrol room', contact Bill Schweikert at: [webmaster@nmnsp.org](mailto:webmaster@nmnsp.org)**

## DATES TO REMEMBER

- Sunday, January 13<sup>th</sup>, 6pm: PATROL MEETING**  
Training session after the meeting will cover the safety aspects of handling downed plane incidents (postponed from the December meeting).
- February 2<sup>nd</sup> & 3<sup>rd</sup>: KILLINGTON SKIING & TOBOGGAN ENHANCEMENT CLINIC**  
Open to all registered patrollers with something for everyone with one day of skiing/riding instruction and one day of toboggan. Registration is \$70, which includes lift tickets for both days, instructions, and party afterwards. Further details on our website. Contact Brian Bishop to pre-register at 570-253-3094 or [brianbishop@mail4me.com](mailto:brianbishop@mail4me.com).
- Sunday, February 10<sup>th</sup>, 6pm: PATROL MEETING**  
After the meeting, plan to ski under the lights and/or compete in the Second Annual Mini-Golf Tournament. Activities depend on weather and wishes. Also be thinking about nominations for next season's Executive Board.
- February 16<sup>th</sup>-18<sup>th</sup>: MOUNTAIN TRAVEL & RESCUE 2 COURSE (MTR2), Part 1**  
Hosted by Northfield Mountain. The program consists of indoor lectures and demonstrations and required outdoor overnight camping. The second part of the course, entirely outdoors, will take place in March, date and place to be announced. *See the NSP course description.* NSP members \$90; non-members \$110. Pre-registration required. Contact Eric Zaharee at 978-422-3156 or [ericzaharee@comcast.net](mailto:ericzaharee@comcast.net).
- Sunday, March 9<sup>th</sup>, 6pm: PATROL MEETING**  
Further nominations and elections for the 2008-2009 Executive Board. Prior March training sessions have focused on off-season care for skis. This year we'll take a look at off-season tune-ups for the skier, i.e., how to stay in shape so that first day of patrolling doesn't strain every muscle in your body!

