

# NORTHFIELD MOUNTAIN NORDIC SKI PATROL



Volume 31

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## OEC REFRESHER Northfield Mountain Saturday, December 5th

We hope everyone has had a chance to get outside to enjoy the fine October weather, and to hike along the brilliant red and gold hillsides. No other part of the country can rival New England at this time of the year.

As planned, we have moved our Fall Refresher closer to the ski season. If the early snowfall is an indicator, we could even have a *white* Refresher in December.

Although our Refresher has been moved back almost two months, it's not too early to dust off your summer issue of the *Ski Patrol Magazine*. It has a wealth of informative and inspiring articles as well as the all-important 2009 OEC Refresher Study Guide.

Registration will start at 7:30am, and the day's events will run from 8am to 4pm. *What to bring:* a check for annual dues of \$66 (payable to NMNSP), study guide, patrol pack, lunch, and warm clothes for outdoor activities.

Northfield Mountain has a small patrol, so any guest patrollers at our Refresher will significantly change the number of people attending. *If you patrol elsewhere in the Region and would like to join us on December 5th, you must contact our Patrol Director, Tom Deam, at [tcdeam@verizon.net](mailto:tcdeam@verizon.net) by November 8th so we can adjust our plans accordingly.* ✱

[WWW.NMNSP.ORG](http://WWW.NMNSP.ORG)

**Don't forget to check our website for the latest patrol news and dates of upcoming courses and events.**

**If you don't remember the user name and password for entering the 'patrol room', contact Bill Schweikert at: [webmaster@nmnsp.org](mailto:webmaster@nmnsp.org)**

## HILL REFRESHER Sunday, December 6th

Reserve the entire first weekend in December for patrol events. At Sunday's Hill Refresher, Patrollers can look forward to an AED/CPR review from 8:30am to 11am, followed by mountain updates and an afternoon of teamwork during a unique hill adventure. Details will be finalized at a planning meeting before the November 8th patrol meeting. ✱

*The next issue of the Rattlebone will be published midseason.*

*Please get all articles, information, dates, etc. to Joannie Duris by January 15th.*

*36 Lombard Road, Hubbardston, MA 01452  
(978) 928-5587 or [jvduris@charter.net](mailto:jvduris@charter.net).*

## DATES TO REMEMBER

- Sunday, November 8th: Northfield Mountain**
- **4pm: Hill Refresher Planning Meeting.** All patrollers are welcome. Show your creative sides! Plan for a group pizza supper before the patrol meeting.
  - **6pm: Patrol Meeting & Candidates' Night.** Welcome new candidates and help map out their training schedule for the season. After the meeting we'll have a pre-season stretching session and review of ropes and knots.
- Saturday, December 5th: Northfield Mountain**
- **7:30am to 4pm: OEC Refresher**
- Sunday, December 6th: Northfield Mountain**
- **8:30am to 4pm: Hill Refresher**
- Sunday, December 13th: Northfield Mountain**
- **6pm: Patrol Meeting & Holiday Party.** After a brief meeting, we'll move on to everyone's favorite tradition. All patrollers, candidates, family members and guests are welcome to join us for a potluck supper and ski patrol version of a Yankee present swap. Gifts (around \$10) can be silly or serious. You never know what you'll end up with until the final swap.
- Sunday, January 20th: Northfield Mountain**
- **6pm: Patrol Meeting.** The post-meeting training session will be on ski skills and toboggan skills.
- Sunday, February 14th: Northfield Mountain**
- **6pm: Patrol Meeting.** Training session TBA.
- Saturday, February 20th: Mount Greylock**
- **Thunderbolt Race.** Patrollers needed. Details at [www.thunderboltskirusers.org](http://www.thunderboltskirusers.org). ✱



Larry Pottebaum, Tom Deam, and Bo Duris wanted to practice a water rescue scenario during a break at the Refresher planning meeting on October 10th. Joannie Duris vetoed being tossed into Highland Lake. *Photo by Charlene Deam.* ✱